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STATEMENT OF PURPOSE

The purpose of this document is to ensure that the WHOL identity is consistently and effectively portrayed. The proper recognition of our identity, both culturally and visually, is essential to DO WELL.



MHOL MISSION STATEMENT

WHOL Professional Development compassionately facilitate physician well-being while helping to develop their leadership capacity. We help physicians thrive by equipping them with the skills and abilities to drive change within themselves and the systems in which they find themselves working and living.

WHAT WE DO

We employ and teach processes that can help to remove barriers and reveal pathways that will assist physicians in attaining their desired goals.

LEADERSHIP DEVELOPMENT

From the inside out, one conversation at a time...

PHYSICIAN RE-EMPOWERMENT

Becoming what we were meant to become.

COMMUNITY BUILDING

Building the capacity to stand alone and together at the same time.

SUSTAINABILITY

Building lasting personal and organizational capacities and practices.

WELL-BEING

Learning to take care of ourselves, each other and our larger community.

EVALUATION

Learning to measure what is important to be measured.

WHOL INDIVIDUALS

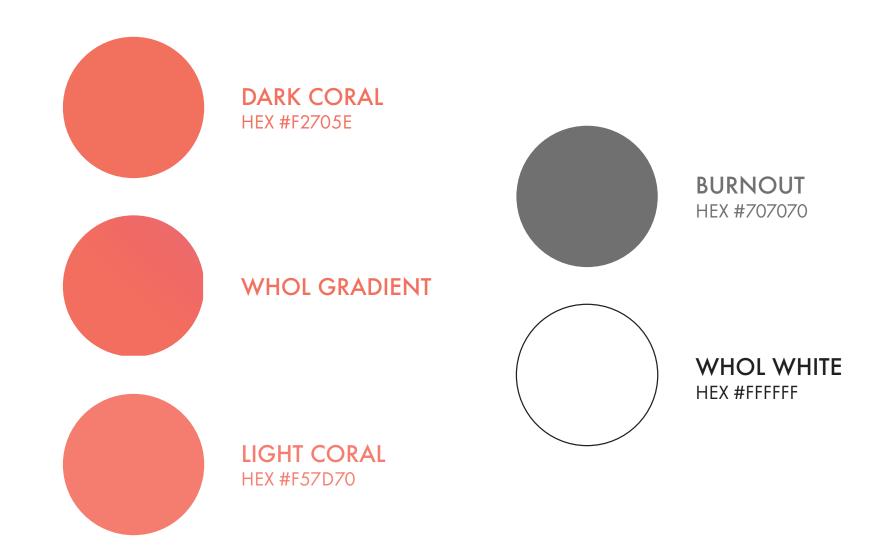


WHOL SERVICES The WHOL name isn't to be reserved to simply a

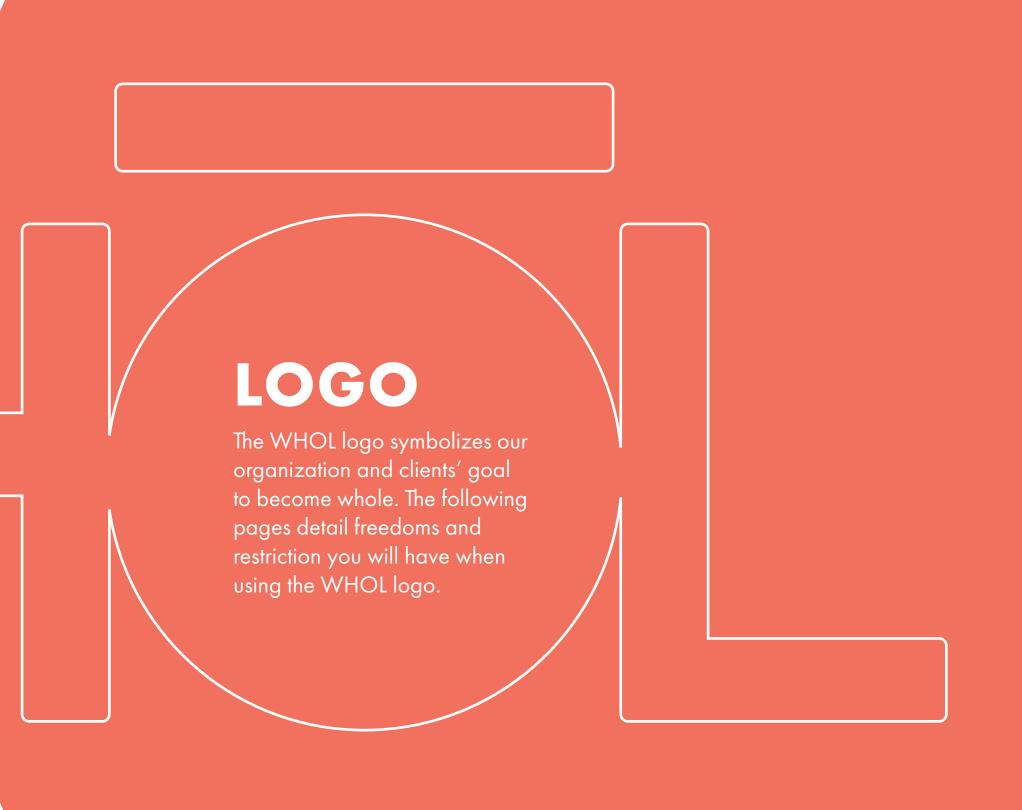
The WHOL name isn't to be reserved to simply a logo. It is an organizational symbol that stands alongside our goals, services, and more.

WHOL COLOR PALETTE

Consistent use of the brand colors across any and all mediums is vital to maintaining the WHOL brand. The WHOL brand is restricted to these five colors. If additional colors should be needed please contact WHOL before doing so.







WHOL LOGO NARRATIVE

The WHOL logo features the Futura typeface, which is based on geometric shapes, especially the circle hence the bold "O". The letters all connect to reinforce the WHOL name, while featuring an exclusive bar to both clarify pronunciation and symbolize the effect partnering with WHOL makes on individuals and organizations.



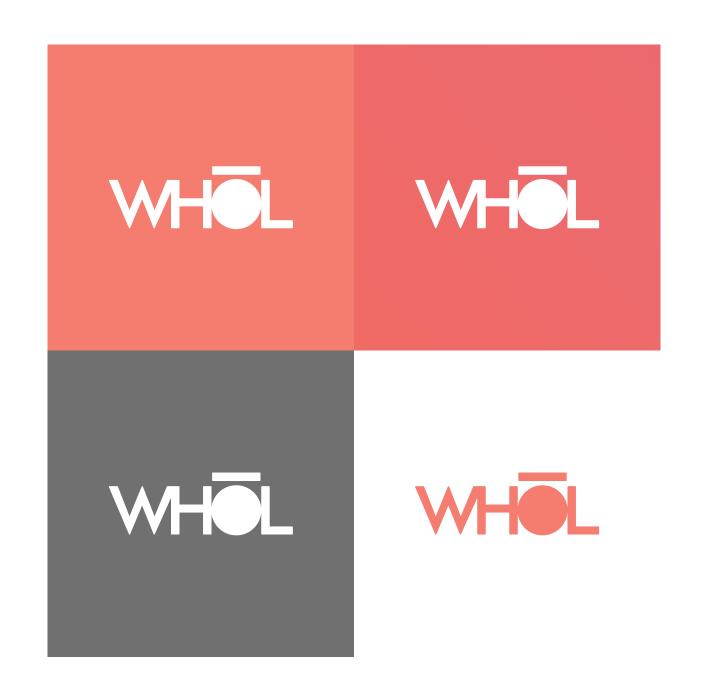
WHOL LOGO INTEGRITIES

The following are the WHOL logo integrities as well as the minimum clearance recommended to have a clean visual presence.



WHOL COLOR APPLICATIONS

The following are approved logo variations for color applications. The WHOL color palette can be found on page 20.











WHOL GRAYSCALE APPLICATIONS

The following are approved logo variations for grayscale applications. The WHOL color palette can be found on page 20.

WHOL NO THANK YOU'S

Changing the graphic elements of the brand in any way will weaken the impact of a consistent image. The following illustrations show some, but not all, inappropriate uses of the logo.



Do not use low contrast colors



Do not alter integrities



Do not alter proportions





Do not stroke the logo

FUTURA PT BOLD ABCDEFGHIJKLMNOPQRSTUVWXYZ abcdefghijklmnopqrstuvwxyz 123456789

FUTURA PT MEDIUM
ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
123456789

FUTURA PT BOOK
ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
123456789

FUTURA PT BOOK
ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
123456789

universal font

ARIAL REGULAR
ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
123456789

WHOL TYPOGRAPHY

WHOL's primary typeface is Futura. Futura is a modern sans serif typeface. It is readable and has 22 styles, available from Adobe Typekit for sync and web use. With a wide range of weights and widths, Futura is a versatile typeface.



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MHOL MARKETING MATERIALS

Any WHOL marketing materials should reflect the general aesthetic set forth by the materials shown in this document (i.e. business cards, website, etc.).

WHOL WEBSITE

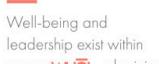
The WHOL website was designed and created to reflect their bold yet simple, clean yet energetic characteristics. Any updates and changes made to the WHOL website should reflect the same aesthetic seen right.















STEPHANIE WELLMAN COSTA, MD

SCROLL DOWN TO READ MORE I was a curious child, observant of people and the world in which I lived. I enjoyed exploring the trees, streams and fields on the eighty acres on which I grew up north of Defiance, Ohio. My love of learning and this curiosity led me to pursue a career in medicine, the human body being the perfect example of nature's most amazing creation. Completing a degree in biology at Bowling Green State University deepened my interest in living systems, and medical school at Ohio State certainly provided ample opportunity to continue to learn. While working at a migrant farm worker's clinic in Okanogan, Washington I cared for many pregnant women and was able to participate when the women delivered their babies. This was my first exposure to continuity in a doctor patient relationship, and I yearned to have a career where I could impact others so deeply. I understood that this would also be an opportunity to be deeply impacted by my work. My interest in Obstetrics and Gynecology was sparked and later work in the inner city obstetric clinics with the Columbus Health Department solidified my career path. I then completed residency in OB/Gyn at OSU and have enjoyed private practice since 1998.



Start being the best you

Contact Us

CUENTS HOME ABOUT SERVICES RESOURCES CONTACT

Well-being and leadership exist within every WHOL physician.





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